



Daily Gymnasium Schedule

(effective September 16 - September 22, 2019)

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday | | | | |
|---------|------------------------------------------------------|-----------------------------------------------------------------|--------------------------------------------------|------------------------------------------------|------------------------------------------------------|-------------------------------------------------------|-------------------------------------|---------|---------|--|--|
| 9:00am | Gym N/A | Open Gym (Non-Netted) 9am - 2pm | Gym N/A | Open Gym (Non-Netted) 9am - 1:45pm | Gym N/A | Gym N/A | Open Gym (Non-Netted) 9am - 12pm | | | | |
| 9:30am | Reg. Program 9:30am - 12pm <i>(excl. Oct. 14)</i> | | Reg. Program 9:45 - 10:30am | | Reg. Program 9:30am - 12pm <i>(excl. Oct. 11)</i> | Reg. Program 9:30 - 11:30am <i>(excl. Oct. 12)</i> | | | | | |
| 10:00am | | | Reg. Program 10:30 - 11:30am | | | | | | | | |
| 10:30am | | | | | | | | | | | |
| 11:00am | | | | | | | | | | | |
| 11:30am | | | | | | | | | | | |
| 12:00pm | Gym N/A | | | | | | | Gym N/A | Gym N/A | | |
| 12:30pm | Reg. Program 1 - 2pm <i>(excl. Oct. 14)</i> | Pickleball & Badminton Drop-In (Family & Youth) 2:30pm - 4:30pm | Open Gym (Non-Netted) 12 - 4pm | Volleyball Drop-In (Family & Youth) 2 - 5:15pm | Open Gym (Non-Netted) 12:30 - 4pm | Reserved for Bookings | Reserved for Bookings | | | | |
| 1:00pm | | | | | | | | | | | |
| 1:30pm | | | | | | | | | | | |
| 2:00pm | | | | | | | | | | | |
| 2:30pm | Open Gym (Non-Netted) 2:30pm - 4:30pm | | | | | | | | | | |
| 3:00pm | | | | | | | | | | | |
| 3:30pm | | | | | | | | | | | |
| 4:00pm | | | | | | | | | | | |
| 4:30pm | Reg. Program 5 - 6pm <i>(excl. Oct. 14)</i> | Reg. Program 5pm-5:45pm <i>(ends Oct. 8)</i> | Reg. Program 4:30 - 6pm <i>(excl. Oct. 9)</i> | Reg. Program 5:30 - 6:30pm | Reg. Program 4:30 - 6pm <i>(excl. Oct. 11)</i> | Badminton Drop-In (Family & Youth) 4 - 6pm | Open Gym (Non-Netted) 4 - 8:15pm | | | | |
| 5:00pm | | | | | | | | | | | |
| 5:30pm | | | | | | | | | | | |
| 6:00pm | Reg. Program 6 - 7pm <i>(excl. Oct. 14)</i> | Reg. Program 5:45 - 6:45pm <i>(ends Oct. 8)</i> | Open Gym (Non-Netted) 6:30 - 8:15pm | Reg. Program 6:30 - 7:30pm | Open Gym (Non-Netted) 6:30 - 8:15pm | Open Gym (Non-Netted) 6:30 - 8:15pm | | | | | |
| 6:30pm | | | | | | | | | | | |
| 7:00pm | | | | | | | | | | | |
| 7:30pm | Reg. Program 7 - 8pm <i>(excl. Oct. 14)</i> | Open Gym (Non-Netted) 7-8:15pm | Gym N/A | Gym N/A | Gym N/A | Gym N/A | | | | | |
| 8:00pm | | | | | | | | | | | |
| 8:30pm | Pickleball (18+ Drop-In) 8:30 - 10pm | Basketball (18+ Drop-In) 8:30 - 10pm | Floor Hockey (18+ Drop-In) 8:30 - 10pm | Badminton (18+ Drop-In) 8:30 - 10pm | Basketball (18+ Drop-In) 8:30 - 10pm | Volleyball (18+ Drop-In) 8:30 - 10pm | Badminton (18+ Drop-In) 8:30 - 10pm | | | | |
| 9:00pm | | | | | | | | | | | |
| 9:30pm | | | | | | | | | | | |
| 10:00pm | CLOSED | | | | | | | | | | |

*** ALL USERS MUST CHECK IN AT THE OFFICE BEFORE ENTERING THE GYM**

*** INDOOR SHOES ARE MANDATORY FOR ALL USERS**

Schedule is subject to change