

Gymnasium Schedule – Effective October 31 – December 11

Open daily from 9am to 9pm

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday						
Open Gym (Non-Netted) 9:00am-12:30pm <i>(excl. Oct. 31)</i>	Gym N/A 9-9:30am	Split Gym 9am-4pm	Split Gym 9:00am-4:15pm	Open Gym (Non-Netted) 9:00am-1:30pm	Gym N/A 9-9:30am	Gym N/A 9-10am						
	Gym N/A 12:30-1pm				Parent & Tot Drop-in (Ages 0-5) 9:30am-12pm <i>(starts Nov. 8)</i>	Parent & Tot Drop-in (Ages 0-5) 9:30am-12pm <i>(excl. Nov. 19, Dec. 10)</i>	Registered Program 10-11am					
					Gym N/A 12-1pm	Registered Program 11am-12pm						
Registered Program 1-2pm <i>(excl. Oct. 31)</i>	Split Gym 1pm-6:30pm <i>(excl. Nov. 1)</i>				Gym N/A 4-4:30pm	Gym N/A 4:15-4:45pm	Gym N/A 1:30-2pm	Reserved for Private Bookings 1:00-3:00pm <i>(excl. Nov. 19, Dec. 10)</i>	Reserved for Private Bookings 1:00-3:00pm			
Gym N/A 2-2:30pm							Volleyball Drop-in (Family & Youth) 2:00-4:00pm	Gym N/A 3-4pm	Gym N/A 3-4pm			
Pickleball & Badminton Drop-in (Family & Youth) 2:30-4:30pm <i>(excl. Oct. 31)</i>					Registered Program 4:30-5:30pm	Registered Program 4:45-5:30pm	Registered Program 4:30-5:15pm <i>(excl. Nov. 11, 18, Dec. 9)</i>	Gym N/A 4-4:30pm	Open Gym (Non-Netted) 4-6pm <i>(excl. Nov. 19, Dec. 10)</i>	Open Gym (Non-Netted) 4-6pm		
Registered Program 5-6pm <i>(excl. Oct. 31)</i>								Registered Program 5:30-6:30pm			Registered Program 5:30-7pm <i>(excl. Nov. 11, 18, Dec. 9)</i>	Gym N/A 6-6:30pm
Registered Program 6-7pm <i>(excl. Oct. 31)</i>												Registered Program 7-7:30pm
Registered Program 7-8pm <i>(excl. Oct. 31)</i>	Registered Program 7-8pm <i>(excl. Nov. 1)</i>				Drop-in Ball Hockey (18+) 7:30-8:45pm	Drop-in Basketball (18+) 7:45-8:45pm	Open Gym (Non-Netted) 7:15-8:45pm <i>(excl. Nov. 18, 25, Dec. 9)</i>	Badminton Drop-in (Family & Youth) 6:30-8:45pm	Pickleball Drop-in (Family & Youth) 6:30-8:45pm			
Registered Program 8-9pm <i>(excl. Oct 31)</i>										Gym N/A 8-9pm		

All users must check-in at the office before entering the gym.

Indoor shoes are mandatory for all users.

All users must vacate the gym by 9pm - NO EXCEPTIONS

Gymnasium schedule is subject to change at any time without notice.